

Sport (Development Coaching & Fitness) BTEC Extended Diploma Level 3

Awarding Body Edexcel

Course Details

You will study the following core units:

- Principles of Anatomy & Physiology in Sport.
- Assessing Risk in Sport.
- Sports Coaching.
- Fitness Testing for Sport & Exercise.
- Physiology of Fitness.
- Fitness Training & Programming.
- Sports Development.
- Practical Team Sports.
- Practical Individual Sports.

Plus a range of optional units.

Functional Skills will also be delivered on the programme, either Maths or English.

Dependant on the number of units you achieve whilst on this qualification you will receive an Award, Certificate or the full Diploma.

Students will be expected to purchase and wear the Sports kit in all course practical sessions.

A Course For

This course is designed for people who would like to develop a career in the Sports/Leisure Industry or progress on to Sports courses at University such as Exercise Physiology, Sport Injury, Sport Marketing, Sport Psychology etc.

Entry Requirements

- Students should have a minimum of 4 GCSE Grades A-C including English (and preferably Maths).
- or BTEC Level 2 Diploma in Sport (Merit) or an equivalent qualification to be discussed at interview.

Assessment

Units are continually assessed through the completion of written assignments, practical sports observation and presentations. Functional skills are also included on the programme and are assessed externally.

Learning Outcome

Students achieving the required standard after assessment of competence in all units, will be awarded the Level 3 Extended Diploma in Sport (Development Coaching & Fitness).

Progression after Programme

Students may want to progress to University and study a HND, BA, BEd or BSc in Sport and Exercise related courses. Alternatively, they may look to gain employment within the Sports and Leisure Industry.

FACTFILE	
Attendance	Full Time
Duration	2 Years
Starting	September 2012
Location	Corporation Road
Course Tutor	John Knowles
Revision Date	April 2011