

ECITB MANUAL HANDLING

DURATION

1 Day

OBJECTIVE

Delegates completing an ECITB Manual Handling training course will be able to demonstrate a good understanding of the risks and practical issues involved with manual handling

WHO SHOULD ATTEND?

There are no entry requirements for this qualification.

This qualification is designed for anyone who undertakes manual handling operations as part of their working duties

ECITB MANUAL HANDLING CERTIFICATE COURSE OUTCOMES

On completion of the course the student should understand or be able to demonstrate:

- Health & Safety at Work etc Act 1974
- Manual Handling regulations
- Accident statistics
- Manual handling risk assessments
- Lifting and carrying safely
- The functions of the spine and muscular system

- Typical injuries caused and how to recognise and avoid potential problems
- Hazard identification
- Assessment of the task
- Assessment of individual capabilities
- Assessment of the load
- Assessment of the working environment
- Correct handling techniques

ASSESSMENT

Students need to demonstrate that they can successfully carry out:

An Individual Lift

A Team Lift using a stretcher

Students also need to successfully carry out a multiple-choice assessment (80% pass rate)



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