

# FIRST AID AT WORK REFRESHER

## DURATION

2 Days

## OBJECTIVE

To update candidates existing knowledge learnt whilst on the 3 day First Aid at Work course. Candidates must have taken this course 3 years previously in order to sit the refresher training.

## WHO SHOULD TAKE THE FIRST AID AT WORK TRAINING?

The award in First Aid at Work is aimed at those who are already a First Aider in the workplace and who need to update their knowledge and skills for the purposes of the Health and Safety (First Aid) regulations 1981.

## Areas Covered:

- Incident Management
- Dealing with Shock
- Dealing with an Unconscious Casualty
- CPR
- AED

## HOW IS THE COURSE ASSESSED?

A 12 question multiple choice written paper  
A practical assessment

## CERTIFICATION

Successful candidates will receive a Highfield accredited A4 certificate and a plastic wallet sized card detailing their qualification.

Renewed First Aid at Work Certificates are valid for 3 years.

Candidates have 28 days before and after their expiry date to renew their certificate. After this time has lapsed the full training must be taken again.

Certificates and cards will be dispatched to the address provided on the candidate registration form.

## HOW TO APPLY?

You can apply to study on this course by contacting the Commercial Team on 01642777189 or at [business@the-etc.ac.uk](mailto:business@the-etc.ac.uk).



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