



HEALTH AND SOCIAL CARE

Hello,



Hello from the Redcar & Cleveland College Student Recruitment Team. As we get closer to the new academic year and with enrolment just around the corner, we want you to know that you are fully supported in every way. **The last year has been really strange but we wanted to let you know that no matter what happens with your GCSE results, your place at Redcar and Cleveland College is secure.**



We have been working closely with our course tutors to develop our '**Get Started**' programme to help you get started in your chosen course and ensure a smooth transition into college life. Over the next couple of months we will be sending you lots of information and top tips. If you have any questions about the course tasks in this booklet please do not hesitate to contact the course leader who will be able to help.

Don't forget to follow us on Instagram ([@redcarcollege](https://www.instagram.com/redcarcollege)) for regular updates, competitions and campus news. You can also check out the Student Recruitment Team's Q&A takeover every Tuesday, where we answer your burning questions and give advice about all aspects of college life! We hope you are looking forward to starting your journey with us, but if you do have any questions or worries please do not hesitate to get in touch with us through our social media channels, by telephone: 01642 777234 or by email: info@cleveland.ac.uk.

Welcome,

Hello and welcome to the Health and Social Care department at Redcar & Cleveland College. We hope you are staying safe and well. It is not long to go until you enrol with us in August 2021.

Over the next few months we are going to be sending you some information and tasks to complete over the summer to help you get started on your course. If you require any help or support with the tasks please do not hesitate to get in contact with us.



Fay Lewis
Health & Social Care Course Leader
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TASK 1: LEARN MORE ABOUT DEMENTIA

At Redcar & Cleveland College we work closely with Dementia charities to provide you lots of opportunities to learn more about Dementia and get involved. All of our students studying on our Childcare and Health and Social Care courses have the opportunity to undertake free specialist training to become 'Dementia Friends'.

You will also have the opportunity to get involved with the College's monthly Dementia events, allowing you to support members of the local community living with Dementia.

For task 1 we would like you to research and find out more about Dementia. We have provided three websites to begin your research but you can also visit other websites as well to learn more about Dementia.

These sites have great resources to help you learn more from videos you can watch through to indepth guides on Dementia.



<https://www.alzheimers.org.uk/publications-about-dementia/the-dementia-guide>



<https://www.nhs.uk/conditions/dementia/about/>



<https://www.dementiauk.org/understanding-dementia/>

TASK 2: WRITE AN ARTICLE ON WHAT DEMENTIA IS



For task 2 we would like you to bring together all your knowledge on Dementia and write a short piece of work on:

- What Dementia is
- How professionals can support people living with Dementia
- What could be affecting and causing barriers for people living with Dementia and their support networks during the COVID-19 pandemic.

The article should be no more than one A4 page of content.

Please return your completed work by email to your designated Student Recruitment Officer, Kayleigh Manders - kayleigh.manders@the-etc.ac.uk.

Don't forget to include your name and the course that you have applied for.

Deadline to return work is: **Friday 9th July 2021**.



DID YOU KNOW? You will have the opportunity to get involved with our monthly 'Dementia Tea Dances'. The dances give you an opportunity to develop your skills working with people living with Dementia.

TASK 3: CREATE A DEMENTIA ACTIVITY



For task 3 we would like to create an activity for someone who is living with Dementia. Try to be as creative as possible but only use items that you currently have access to within your household.

Consider how the activity will support someone living with Dementia to be engaged and what benefits to their mental, emotional and physical health this activity would have.

Once you have completed your activity, take a picture of the activity and email it to your designated Student Recruitment Officer, Kayleigh Manders - kayleigh.manders@the-etc.ac.uk.

Don't forget to include your name and the course that you have applied for in your email.

Deadline to return work is: **Friday 9th July 2021**.



DID YOU KNOW? All of our Childcare and Health and Social Care students are able to become 'Dementia Friends' - free specialist training which looks great on your CV!



Let's keep in touch...

To keep up to date with all of our latest news and information, follow us on our social media accounts. Our team is on hand to answer any questions you may have about College.



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Save the date! Your Welcome Day is on Friday 9th July 2021. We will be sending you more information about the day in the coming weeks.