



REDCAR &
CLEVELAND
COLLEGE

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EMERGENCY FIRST AID

DURATION

1 Day

OBJECTIVE

To gain basic lifesaving First Aid and understand the relevant regulations.

COURSE DETAILS

This course is designed for people who want to receive training in emergency first aid and is especially suited to smaller, low risk working environments. This course is ideal for smaller workplaces or those that present fewer hazards, where a nominated person is required to take charge in the event of illness or accident. Fully qualified first aiders in larger organisations can also benefit from additional support from Appointed Persons. This is especially relevant where the workplace may consist of many floors or work is operated in shifts.

WHO SHOULD ATTEND?

Any person who is or planning to work in industry, and would like to become an emergency first aider in the workplace for the purposes of the Health and Safety (First Aid) Regulations 1981. All employers in the UK have a legal obligation to make First Aid provision for their employees and/or visitors.

Areas Covered:

- The roles of a First Aider
- Assisting in an incident
- Priorities of First Aid
- Resuscitation
- Treatment of an unconscious casualty
- Treatment of shock

HOW IS THE COURSE ASSESSED?

Candidates will be trained and assessed whilst the course is progressing and via on-going oral and written questions and practical demonstrations.

CERTIFICATION

An accredited certificate and wallet card is issued on successful completion of the assessment and is valid for three years.

