

FIRST AID AT WORK REFRESHER

DURATION

2 Days

OBJECTIVE

To update candidates existing knowledge learnt whilst on the 3 day First Aid at Work course. Candidates must have taken this course 3 years previously in order to sit the refresher training.

WHO SHOULD TAKE THE FIRST AID AT WORK TRAINING?

The award in First Aid at Work is aimed at those who are already a First Aider in the workplace and who need to update their knowledge and skills for the purposes of the Health and Safety (First Aid) regulations 1981.

Areas Covered:

- Incident Management
- Dealing with Shock
- Dealing with an Unconscious Casualty
- CPR
- AED

HOW IS THE COURSE ASSESSED?

- A 12 question multiple choice written paper
- A practical assessment

CERTIFICATION

Successful candidates will receive a Highfield accredited A4 certificate and a plastic wallet sized card detailing their qualification

Renewed First Aid at Work Certificates are valid for 3 years.

Candidates have 28 days before and after their expiry date to renew their certificate. After this time has lapsed the full training must be taken again.

Certificates and cards will be dispatched to the address provided on the candidate registration form.



REDCAR &
CLEVELAND
COLLEGE

Redcar & Cleveland College
Corporation Road
Redcar TS10 1EZ

T: 01642 777189
E: laura.angel@cleveland.ac.uk

www.cleveland.ac.uk

